



Regional Training Center Criteria

4/1/17

To be recognized as a Regional Training Center by USA Wrestling a club must meet all of the following criteria:

- 1) Be a chartered club with USA Wrestling.
- 2) Have use of a facility to use for wrestling training year-round. The facility must be of a type and quality customarily accepted and used for the training of USA Wrestling member wrestlers.
- 3) Have a minimum of four Established National Team Contenders who recognize the club as their Primary Training Site. An Established National Team Contender shall be considered to be a wrestler who meets at least one of the following competitive accomplishments within the last five calendar years:
 - a. Won at least one match at a USAW World or Olympic Team Trials
 - b. Placed top 8 at USAW Senior Open Championships
 - c. Placed top 8 at USAW University National Championship
 - d. Placed top 8 at UWW Junior National Championship
 - e. Placed top 8 at USAW Junior National Championship
 - f. Placed top 8 at USAW Cadet National Championship
 - g. Placed top 4 at the High School State Championship
 - h. Placed top 4 at the Prep National Championships
 - i. Placed top 4 at USAW State Junior freestyle/Greco-Roman Championships
 - j. Placed top 4 at USAW State Cadet freestyle/Greco-Roman Championships
 - k. Placed top 4 at USAW Senior Regional
 - l. Placed top 4 at New York Athletic Club International
 - m. Placed top 4 at Dave Schultz Memorial International
 - o. Any veteran athlete who has represented the U.S. within the last two years at the Veteran's World Championships or is scheduled to compete at the next world championship event
- 4) All wrestlers participating in the RTC practice must meet the above criteria and must be current athlete members of USA Wrestling.

* International athletes/coaches who currently represent a country other than the U.S. may attend on a limited basis based on approval of the NGB and RTC. These individuals must be of similar competitive caliber. These individuals may attend on an intermittent basis in order to enhance national team development.
- 5) Submit rosters, training, and competition schedules, and have them approved annually by USA Wrestling. Roster, training and competition schedules can be updated throughout the year.

- 6) Have a minimum of one active wrestling coach on staff who is a USAW Bronze Certified Coach. In addition:
 - a. All coaches must be current members of USA Wrestling and have completed the required background check.
 - b. When scheduled, a coach must attend the annual national coaches' summit.
 - c. An RTC coach from each staff must attend three sessions of a senior national team training camp in order to be recognized as a USA Wrestling RTC the following year.
- 7) For college eligible student-athletes, organized RTC practices must fall within the allowable practice hours under NCAA rules.
- 8) All practices must be conducted in the international style of wrestling only.
- 9) For prospective student athletes (PSA):
 - a. A PSA must live within 250 miles of an RTC to participate in practice. If there is no RTC within the boundaries listed above, the PSA may join the closest RTC to his residence by applying for an exemption through USA Wrestling.
 - b. A PSA may belong to more than one RTC.
 - c. Only the PSA or USA Wrestling can pay for a prospect to attend RTC practice.
 - d. A PSA may not practice at a regional training site during that PSA's traditional high school wrestling season. Dates are determined by the PSA's State Activities Association.
 - e. A PSA that is graduated from high school and is taking a year off before matriculating to college, may practice during the traditional folkstyle season with a RTC.
 - f. Once a PSA has signed a National Letter of Intent, the 250 miles radius rule is no longer applicable and that PSA may attend the RTC of their choice.
- 10) All Regional Training Centers must be registered with USA Wrestling through USA Wrestling's National Teams High Performance Manager. All training and competition schedules must be approved by the national team's head coach.
- 11) Abide by applicable USA Wrestling by-laws, rules, and policies and:
 - a. Incorporate USA Wrestling's mission into all aspects of the program and activities of the RTC.
 - b. Support and respect the programs, activities, and operations of USA Wrestling.
- 12) All RTC athletes must be in good standing with the both the RTC and the RTC host site.
- 13) An RTC may limit the size of their roster based off safety (facility size) or the distance the RTC athlete may travel (example – fewer than the 250 mile radius).
- 14) An RTC may NOT pay travel expenses or fees associated with competition for the PSA.
- 15) An RTC coach, who is employed at a college or university, may NOT coach a PSA at any competition unless they are on coaching assignment by USA Wrestling.
- 16) Possible RTC infractions need to be reported to USA Wrestling's National Teams High Performance Manager.