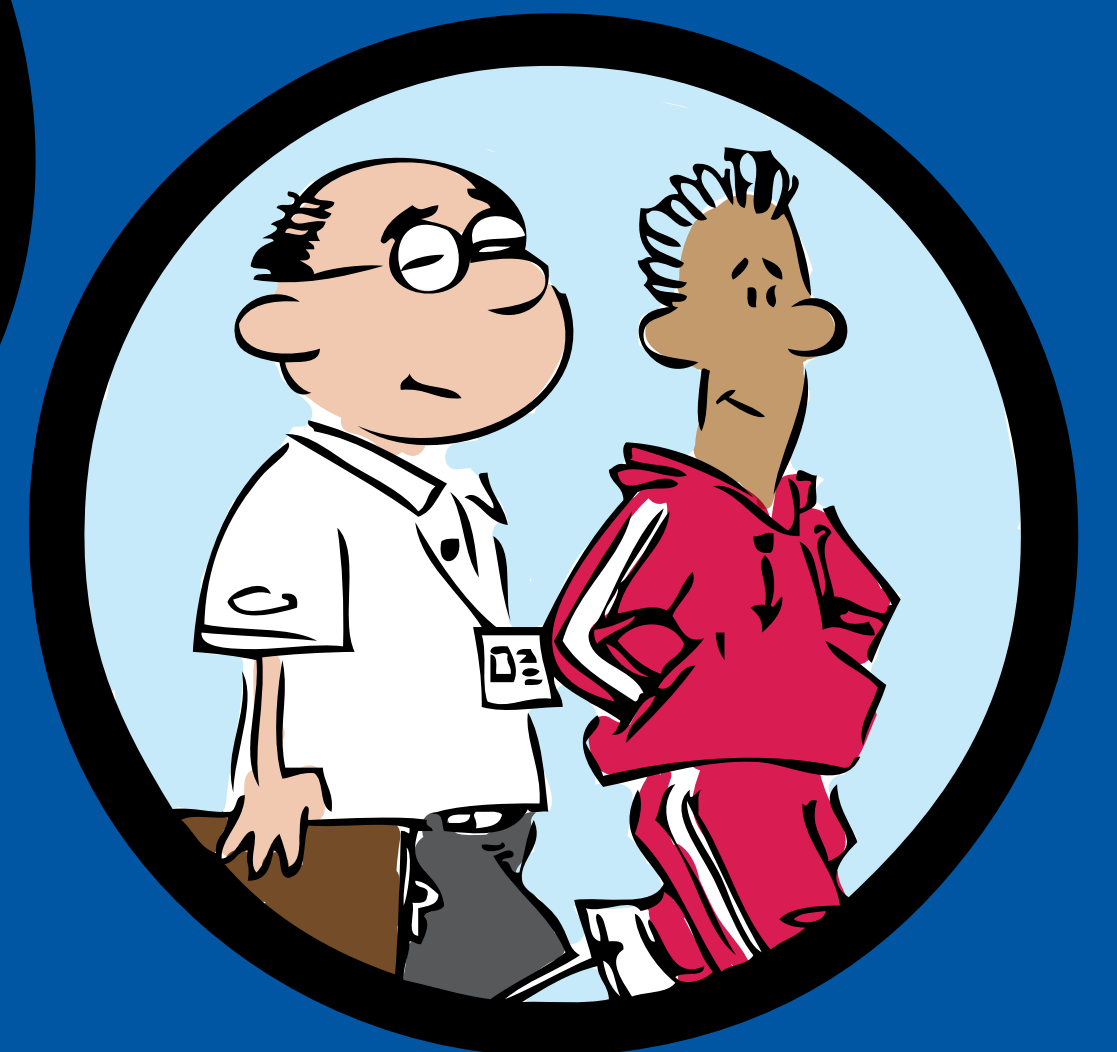


# THE 8 BASIC STEPS OF DRUG TESTING



1. Notification.



2. Report to the Doping Control Station.



3. Select collection equipment.



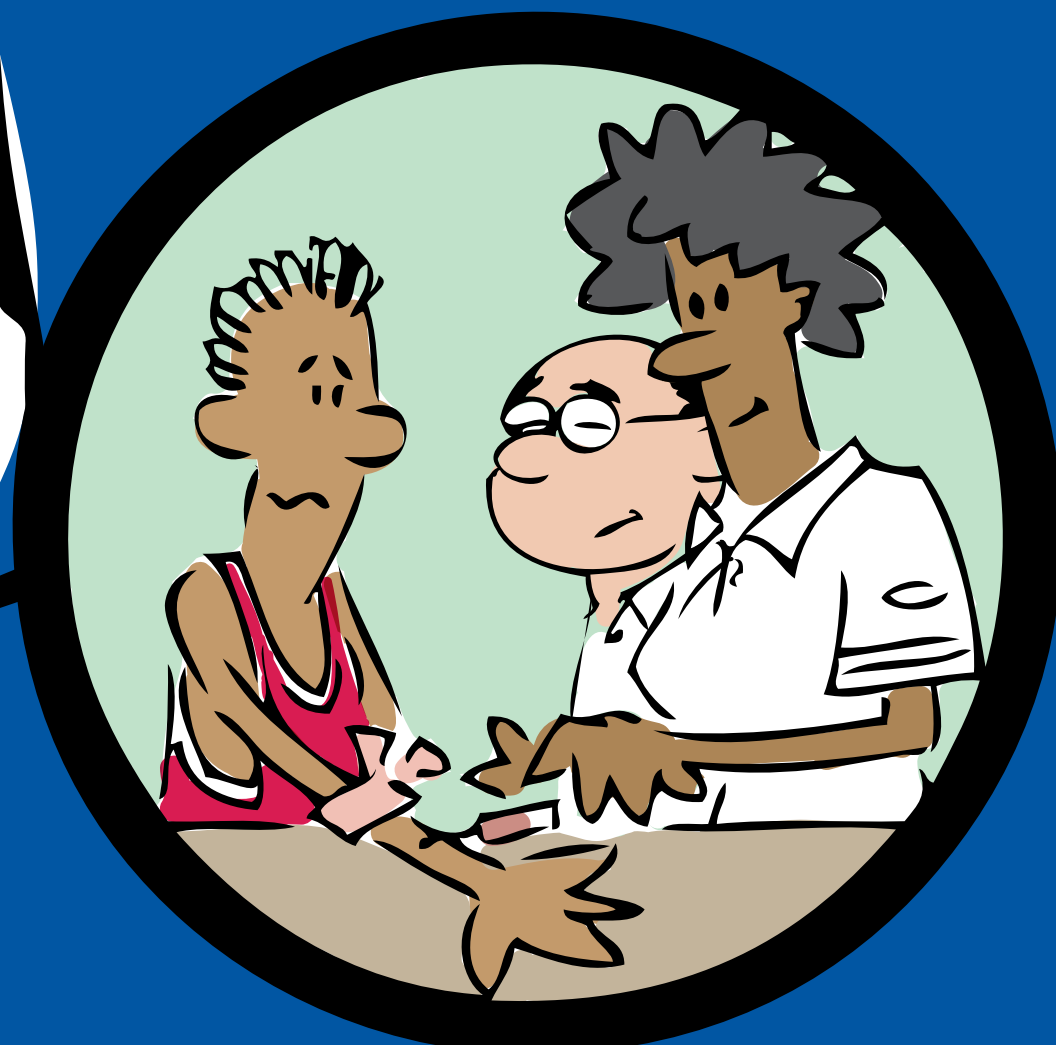
4. Provide urine sample.



5. Choose a Sample Collection Kit.



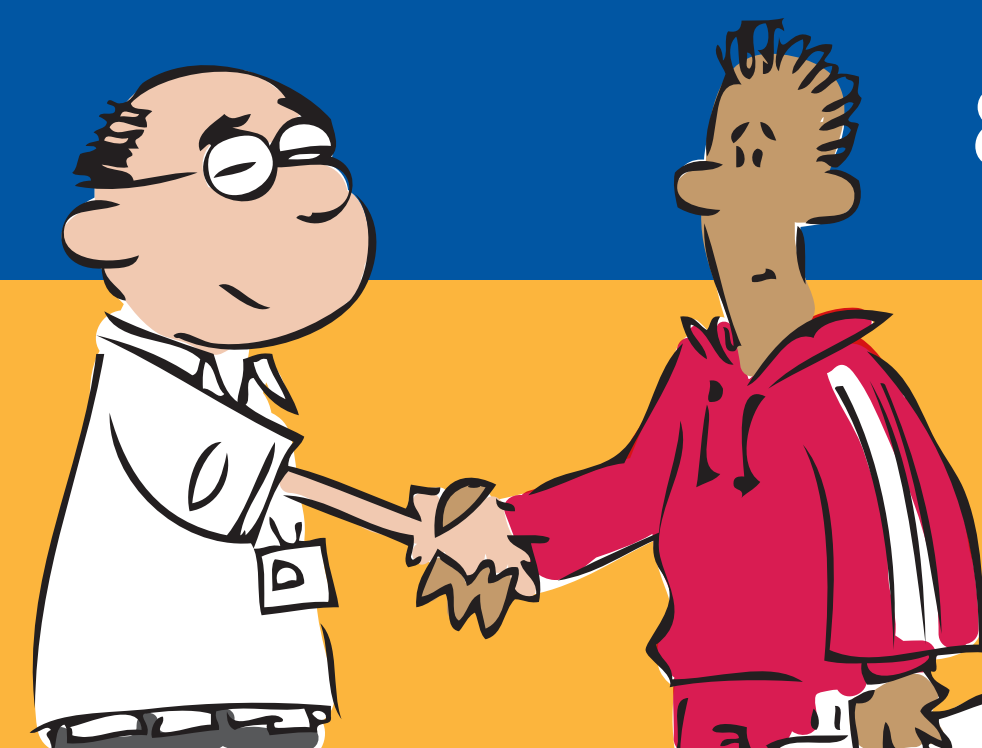
6. Split and seal the sample.



7. You may be required to give blood.



8. Declare medications taken.



**GOOD LUCK  
COMPETING!**



**U.S. ANTI-DOPING AGENCY**

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For more detailed information, go to [www.usada.org/testing](http://www.usada.org/testing)