

# 2014 Big Brother Greco-Roman/Future Freestyle Wrestling Training Camps

Good training partners and coaches are a key part of development in Freestyle and Greco-Roman Wrestling. Training and competing with National Team Athletes will greatly enhance one's skills and knowledge of the sport. Here you will find information for all of the 2014 scheduled Future Freestyle/Big Brother Programs, elite camps, and Coaches Summer Study Workshops.

**To our FILA Junior, Junior, and Cadet Level Athletes and Coaches:** In addition to the camps available to you, the Future Freestyle and Big Brother Program is a great opportunity to wrestle and train with some of our country's best senior athletes.

No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more and better yourself. Our renowned coaching staff can help you achieve your goals.

**Zeke Jones**, National Freestyle Coach  
**Brandon Slay**, Freestyle Resident Coach  
**Bill Zadick**, Ntl Freestyle Developmental Coach  
**Steve Fraser**, National Greco-Roman Coach  
**Momir Petkovic**, Assistant National GR Coach  
**Cody Bickley**, Nat'l Teams High Performance  
**Rob Hermann**, GR Resident Coach at NMU  
**Agahsi Manukyan**, Asst. GR Coach at NMU

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## **BIG BROTHER GRECO-ROMAN/FUTURE FREESTYLE TRAINING CAMPS**

**The Goal** of this program is to offer you training situations that will greatly improve your wrestling skills and knowledge.

**What is the Big Brother/Future Freestyle Program?** The program is developed to allow for USA Wrestling's top ranked Cadet, Junior, and University wrestlers to come to Colorado Springs, Colorado, and train with the Senior Greco-Roman and Freestyle Resident Teams. Special coaching attention will be given to each participant.

**Coaches:** In addition to the National Coaches previously mentioned, other coaches may be present throughout the camps.

**Location:** Practice will be held at the U.S. Olympic Training Center in Colorado Springs, CO, with the exception of the Big Brother Greco-Roman Camp at Northern Michigan University.

**BE ON THE LOOKOUT FOR OUR 2020 JUNIOR OLYMPIC CAMP FLYER TO BE RELEASED IN THE NEAR FUTURE.**

Available camps can be found by clicking [here](#).

**Qualifications:** All age eligible, USAW members can apply. Events for qualification on tiered pricing:

2013 FILA Junior Nationals  
2013 Junior Nationals  
2013 Cadet Nationals  
2013/14 Folkstyle Nationals  
2013/14 Cadet FILA Nationals  
2014 NCAA Div I Championships

Finish and Cost to attend:

1-2	\$200
3-4	\$360
5-8	\$495
No place	\$650

Access to the above training opportunity is determined by placement in the following competitions: ASICS/Vaughan Junior & Cadet Nationals; FILA Junior & FILA Cadet Nationals; ASICS USAW Folkstyle Nationals.

All Schoolboy USAW All-Americans can apply for any of the BB/FF camps, but they will have to pay for the R/B cost at the OTC plus the camp fee. No one under the age of 14 may attend.

**Cost:** All transportation into Colorado Springs is the responsibility of the athlete. Spots are limited!

**Travel: Do NOT make travel arrangements until you receive confirmation of your acceptance into any of the camps!**

**For airport pick-up, we must have itinerary three weeks prior to arrival date. COS airport pickup only!**

USA wrestling

# 2014 Big Brother Greco-Roman/Future Freestyle Wrestling Training Camps

**Schedule:** First and last dates are travel days only!

At **OTC:** March 23<sup>rd</sup> - 30<sup>th</sup>

At **NMU:** April 6<sup>th</sup> – 12<sup>th</sup>  
May 4<sup>th</sup> – 10<sup>th</sup>

**\*\*All camp applications must arrive 2 weeks prior to the camp you apply for!**

**How to Apply?** Contact Cody Bickley at (719) 598-8181 or send the attached application to:  
USA Wrestling  
c/o Cody Bickley  
6155 Lehman Dr – COS, CO 80918

## COACHES SUMMER STUDY WORKSHOPS

**Goals:** (1) To help raise the level of Freestyle and Greco-Roman coaching throughout the United States; and (2) to build a strong network of Freestyle and Greco-Roman coaches in the nation.

**What is the Coaches Summer Study?** It is a five-day Coaches Education Program that will allow coaches to come to the U.S. Olympic Training Center in Colorado Springs, CO, for a workshop covering topics in our different areas: (1) Psychology of coaching wrestlers; (2) physiological development; (3) Technical development.

**Location:** All seminars and practices will be held at the U.S. Olympic Training Center in Colorado Springs, CO, in conjunction with the Big Brother/Future Freestyle Programs.

**Qualification:** The program is designed to help coaches at all levels. Participation and completion of the camp program will go toward the Silver/Gold certification requirements. Only four spots are available. All participants must have a current 2014 USA Wrestling Coaches Membership Card.

## **Cost:**

Administrative Cost:

\$415.00 – Bronze, Silver, or Gold Certified

\$475.00 - Copper and Non-Certified

**How to Apply?** Contact Cody Bickley at (719) 598-8181 or send the attached application to:

USA Wrestling  
c/o Cody Bickley  
6155 Lehman Drive  
Colorado Springs, CO 80918

Phone: (719) 598-8181

Fax: (719) 598-9440

Cody Bickley ([cbickley@usawrestling.org](mailto:cbickley@usawrestling.org))

## **MAKE PAYMENT TO: USA WRESTLING**

### **2014 Camp Application**

☐ I have enclosed my payment for the Big Brother/Future Freestyle Camp

☐ I have enclosed \$415/475 fee for the Coaches Workshop

☐ March 23-30, OTC - Colorado Springs, CO

☐ April 6-12 USOEC Marquette, MI

☐ May 4-10 USOEC Marquette, MI

*\* All camp applications must be received at least 2 weeks prior to camp dates*

Name: \_\_\_\_\_ FS \_\_\_\_ GR \_\_\_\_ Last 4 digits SSN \_\_\_\_\_

Address: Street, City, State & Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_

Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Event & Qualification Placement: \_\_\_\_\_