



USA WRESTLING
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Criteria to qualify for a 2020 Olympic Redshirt Year

There are six ways to qualify for an Olympic redshirt year

- Only required to meet one criteria
 - 1) Past National Team members (Top 3 from the World or Olympic Team Trials)
 - 2) Top 8 at the April 2019 Senior US Open
 - 3) Top 8 at the December 2019 Senior US Nationals Olympic Trials Qualifier
 - 4) Top 8 at the October 2020 Senior US Nationals
 - 5) Top 3 at the 2019 NCAA Wrestling Championship or NCAA Champion from a previous year AND top 2 from the 2019 U23 World Team Trials (must accomplish both)
 - 6) Previous Cadet, Junior, U23 World Medalist

"WHERE OLYMPIC
JOURNEYS BEGIN"

