Championship and Development Programs

UWW Development System consists of two programs. The Championship Program takes place over the summer months and focuses on competition preparation for the World and Pan American Championships. The Development Program takes place throughout the scholastic year and focuses on educating athletes on freestyle techniques and tactics as well as mental and nutritional education.

Understand the Program

Champions of the May 10-12th Women’s Nationals at the UWW Cadet and Junior weights will be asked to represent Team USA in the Cadet/Junior World Championships. Runner-Ups of these weight classes will be asked to represent Team USA in the Pan American Championships. Should an athlete choose not to compete, the position will be offered to the next highest place winner, or back to the Champion at that weight class.

Funding

Funding is only available for National Team Members (top 3 at each weight). To earn USA Wrestling funding for these tours, athletes must attend both Championship Camps in their entirety. Doing so will result in full funding covering airfare, meals, and housing for the full tour. Should an athlete not complete the camps, they will be responsible for the cost of the tour in its entirety. USA Wrestling will book all travel and arrangements for athletes on tours.

Tour Funding

Funding if only available for National Team Members. The Development Program is made up of 4 camps and 3 tours. Throughout these events, athletes will learn and apply techniques, tactics and the gold medal processes necessary for international success. To earn USA Wrestling funding for these tours, athletes must attend all four Development Camps in their entirety. Doing so will result in full funding covering airfare, meals, and housing for the full tour. Should an athlete not complete the camps, they will be responsible for the cost of the tour in its entirety. USA Wrestling will book all travel and hotel arrangements for athletes on tours.

Funding Breakdown

World Medalists who attend 4 Development Camps will earn full funding for 3 Development Tours

#1 Finishers from Women’s Nationals who attend 4 Development Camps will earn full funding for 2 Development Tours

#2 Finishers from Women’s Nationals who attend 4 Development Camps will earn full funding for 1 Development Tour

#3 Finishers from Women's Nationals who attend 4 Development Camps will earn funding for 1/2 Development Tour

Contact National Staff

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THE LEHMAN FAMILY PRESENTS: WOMEN'S OLYMPIC WRESTLING DEVELOPMENT SYSTEM

Summer Cadet Schedule
June 12-19 Champ Camp #1
TBD
June 28-30 Cadet Pan American Championships
Morelia, Mexico
July 21-27 Champ Camp #2
TBD
July 29-August 4 Cadet World Championships
Sofia, Bulgaria

Summer Junior Schedule
May 29-31 Junior Pan American Championships
Guatemala City, Guatemala
June 12-19 Champ Camp #1
TBD
July 21-27 Champ Camp #2
TBD
August 12-18 Junior World Championships
Tallinn, Estonia

* Please note that international dates and locations are subject to change

Estimated Camp Participation Cost
Championship Camp
Camper Fee $750
Estimated Round Trip Airfare $400
Total Estimated Cost $2,000
*Camper Fee includes participation fee, room, board, and local airport transportation

Estimated Tour Costs
Estimated Round Trip Airfare to/from Championships $1,500
Housing and Meals $1,200
Local Transportation $100
Event Entry Fee $100
UWW License $100
Total Estimated Cost $3,000

Development Camp Schedule
Development Camp #1
November 8-12
Minneapolis, MN
Development Camp #2
December 27-31
Phoenix, AZ (Arizona State University)
Development Camp #3
February 7-11
Atlanta, GA (Life University)
Development Camp #4
April 14-18
Kingston, PA (Wyoming Seminary)

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