

UWW Cadet National Team Development Program



Developing Tomorrow's Olympians Today!

How to make a UWW Cadet National Team:

The UWW Cadet National Team is set at the Women's Age Group National Tournament each May formerly known as Body Bar. The 2017 Women's Age Group Nationals was held in Irving, Texas. The 2017 Women's Age Group competition is set for Irving, Texas again in May 19-21. UWW Cadets are born 2000-2002. Younger athletes cannot wrestle up in this age division even with a medical certificate.

UWW Cadet Championship Program:

The Championship Program is focused on preparing our athletes to represent TEAM USA! Athletes will work with National Coaches and Senior National Team Members! The UWW Cadet Championship Program takes place over the summer. The UWW Cadet National Team Camps are combined with all other USA Wrestling National Team Training Camps. These camps combine the UWW Cadet, UWW Junior, University, and Senior age group athletes in one training environment. Athletes are responsible for their own transportation to/from camp fee. Women's Age Group National Champions at UWW international weights will be asked to represent Team USA at the Cadet World Championships. Second place Women's Age Group Finishers at the UWW international weights will be asked to represent Team USA at the Pan American Championships. Qualifying UWW international weights are 38, 40, 43, 46, 49, 52, 56, 60, 65, and 70kg.

Funding Structure for UWW Cadet Championship Program:

- Women's Age Group Champions who attend all UWW Cadet Championship Preparation Camps in their entirety will receive full funding for their World Championship tour. Not meeting this requirement will result in no funding.
- Women's Age Group Runner Ups who attend all UWW Cadet Championship Preparation Camps in their entirety will receive full funding for their Pan American Championship tour. Not meeting this requirement will result in no funding.

UWW Cadet Development Program:

The UWW Cadet Development Program is focused on building a foundation for success. Athletes learn freestyle techniques, nutrition and sports psychology tips from USAW and US Olympic Committee staff. Now's your time to become a part of TEAM USA and train with the top athletes and coaches in the country! The UWW Cadet Development Program takes place throughout the school year. There are five, four day development program camps in which athletes work with National Coaches and Volunteer Coaches. Athletes are responsible for camp fee and transportation to and from camps. All UWW Cadet Age female wrestlers are welcome to attend development camps regardless of rank. These camp dates and locations for the 2017-2018 year can be found below. There are two development tours each year in order to for athletes to gain international experience. In the 2012-2016 quadrennial, cadet athletes attended international competitions in Canada, Austria, Germany, and Sweden. The 2017-2018 development tours are set for Canada and Sweden. Athletes receive funding for participation in these tours by attending camp. Camp and tour information will be sent out to the email to each National Team athlete and parent/guardian.

Funding Structure for UWW Cadet Development Program:

- Women's Age Group Champions who attend 4/5 development camps earn two fully funded development tours
- Women's Age Group Runner Ups who attend 4/5 development camps earn one fully funded development tour
- Women's Age Group Third Place Finishers who attend 4/5 development camps earn 1/2 funding for one development tour
- Attending three camps will result in loss of funding level.
 For example a Champion who attends 3/5 development camps will only earn funding for one development tour
- Attending less than three camps will result in no funding.
- Funding is only available for UWW international weight classes.

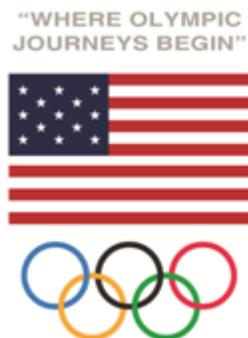
2017-2018 Tentative Cadet Development Schedule

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|------------------------------|--------------------------|--------------------------|--------------------|
| July 14-22, 2017 | Asics Vaughn Nationals | ND State University | Fargo, ND |
| Oct. 26-29, 2017 | Development Camp #1 | | |
| December 27-30, 2017 | Development Camp #2 | Arizona State University | Phoenix, AZ |
| Dec. 30, 2017 – Jan. 5, 2018 | Development Tour | Dual Meet vs CAN | Vancouver, BC, CAN |
| February 8-11, 2018 | Development Camp #3 | Wyoming Seminary | Kingston, PA |
| February 12-22, 2018 | Development Tour | Lady Klippan Open | Klippan, SWE |
| March 23-25, 2018 | Folkstyle Nationals | Oklahoma City University | Oklahoma City, OK |
| March 25-28, 2018 | Development Camp #4 | Oklahoma City University | Oklahoma City, OK |
| April 19-22, 2018 | Development Camp #5 | | |
| May 11-13 2018 | WM's Age Group Nationals | Irving Convention Center | Irving, TX |

2017-2018 Tentative Cadet Championship Schedule

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|-------------------------|----------------------|----------------------------|-------------------------|
| June 26-July 6, 2017 | Championship Camp #1 | SPIRE Institute | Geneva, OH |
| July 7-9, 2017 | Championship Tour | Cadet Pan Am Championship | Buenos Aires, Argentina |
| July 23-August 3, 2017 | Championship Camp #2 | US Olympic Training Center | Colorado Springs, CO |
| July 31-August 14, 2017 | Pre-World Tour | Vorobieva Competition | St. Petersburg, Russia |
| September 1-10, 2017 | Championship Tour | Cadet World Championship | Greece, Athens |

UWW Junior National Team Development Program



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The UWW Junior National Team is set at the Women's Age Group National Tournament each May formerly known as Body Bar. The 2017 Women's Age Group Nationals was held in Irving, Texas. The 2017 Women's Age Group competition is set for Irving, Texas again in May 19-21. UWW Juniors are born 1997-1999. Athletes born in 2000 can compete in UWW Junior age groups with a medical certificate.

UWW Junior Championship Program:

The Championship Program is focused on preparing our athletes to represent TEAM USA! Athletes will work with National Coaches and Senior National Team Members! The UWW Junior Championship Program takes place over the summer. The UWW Junior National Team Camps are combined with all other USA Wrestling National Team Training Camps. These camps combine the UWW Cadet, UWW Junior, University, and Senior age group athletes in one training environment. Athletes are responsible for their own transportation to/from camp fee. Women's Age Group National Champions at UWW international weights will be asked to represent Team USA at the Junior World Championships. Second place Women's Age Group Finishers at the UWW international weights will be asked to represent Team USA at the Pan American Championships. Qualifying UWW international weights are 44, 48, 51, 55, 59, 63, 67, and 72kg.

Funding Structure for UWW Junior Championship Program:

- Women's Age Group Champions who attend all UWW Junior Championship Preparation Camps in their entirety will receive full funding for their World Championship tour. Not meeting this requirement will result in no funding.
- Women's Age Group Runner Ups who attend all UWW Junior Championship Preparation Camps in their entirety will receive full funding for their Pan American Championship tour. Not meeting this requirement will result in no funding.

UWW Junior Development Program:

The UWW Junior Development Program is focused on building a foundation for success.

Athletes learn freestyle techniques, nutrition and sports psychology tips from USAW and US Olympic Committee staff. Now's your time to become a part of TEAM USA and train with the top athletes and coaches in the country! The UWW Junior Development Program takes place throughout the school year. There are five, four day development program camps in which athletes work with National Coaches and Volunteer Coaches. Athletes are responsible for camp fee and transportation to and from camps. All UWW Junior age female wrestlers are welcome to attend development camps regardless of rank. These camp dates and locations for the 2017-2018 year can be found below. There are two development tours each year in order to for athletes to gain international experience. In the 2012-2017 quadrennial, Junior athletes competed in international events in Germany, Austria, Sweden, and Spain. In the 2017-2018 development year, athletes will travel to Sweden and Spain. Athletes receive funding for participation in these tours by attending camp. Camp and tour information will be sent out to the email to each National Team athlete and parent/guardian.

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2017-2018 Tentative Junior Development Schedule

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|----------------------|--------------------------|--------------------------|-------------------|
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| Oct. 26-29, 2017 | Development Camp #1 | | |
| December 27-30, 2017 | Development Camp #2 | Arizona State University | Phoenix, AZ |
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| March 25-28, 2018 | Development Camp #4 | Oklahoma City University | Oklahoma City, OK |
| April 19-22, 2018 | Development Camp #5 | | |
| May 11-13 2018 | WM's Age Group Nationals | Irving Convention Center | Irving, TX |
| July 7-17, 2018 | Development Tour | Grand Prix of Spain | Madrid, SPA |

2017-2018 Tentative Junior Championship Schedule

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|------------------------|----------------------|----------------------------|----------------------|
| June 26-July 6, 2017 | Championship Camp #1 | SPIRE Institute | Geneva, OH |
| June 9-11, 2017 | Championship Tour | Junior Pan Am Championship | Lima, Peru |
| July 20-30, 2017 | Pre-World Tour | Training Camp | Tampere, Finland |
| July 23-August 3, 2017 | Championship Camp #2 | US Olympic Training Center | Colorado Springs, CO |
| August 1-6, 2017 | Championship Tour | Junior World Championship | Tampere, Finland |