USA wrestling
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## **Individual Membership Registration**

State:	_ Date:	Form sent in by:	Don't mix types! All names listed on this form are:	☐ Competitor☐ Coach	
Name of Club or Event:		Phone No. of person submitting form:			

Instructions: Please do not mix types of members on one page. Date of birth is required for each type of membership. Please print [ink only] and print hard. Be sure to include the full mailing address with accurate zip code. Return all pages of this form to your State Chairperson or Membership Administrator. Non-computerzied states should keep the bottom copy and send the top page to the National Office immediately.

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L	Card No.	Date of Birth (M/D/Y)	Sex	First	Name	Last	Mail	ing Address	City (DO NOT ABBREVIATE)	State	Zip +4	Phone No. (123) 456-7890
	Email →						Cell Phone →			Misc.		
	Email →						Cell Phone →			Misc.		
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