

USA Wrestling Coach Certification Courses

As of 8/26/2019

*Coaches must be current Wrestling Leader (coach) members of USA Wrestling to take courses or to have task credits awarded. **Purchase or track tasks online at www.USAWmembership.com - Click "Manage" and "Coach Certifications." Click "My Courses" to find courses you've paid for (Copper/Bronze).***

All courses delivered **online** are available immediately from your online profile:

Copper - \$50 (4 hours online or in-person)

Designed to coach athletes ages 12 and Younger

4 hours, Online Format

Requirements: Wrestling Leader Membership with USA Wrestling

Check with State Offices or Tournament Directors to determine what level you need.



Bronze - \$80 (6 hours online or in-person)

Designed to coach athletes ages 13 and Older

6 hours, Online Format

Requirements: Wrestling Leader Membership with USA Wrestling

Check with State Offices or Tournament Directors to determine what level you need.



Silver - \$ Varies

Designed to provide advanced training, networking, and philosophy development.



Tasks:

1. 3D Online Coaching Course, \$125, save 10% USAW2015 discount code
2. Attend a USWOA Officials Education Program (OEP) Course. (Not valid at Fargo's OEP.)
3. Attend a Silver Coaches College (@ apx \$350 plus travel, etc)
4. Silver Technical Certification (Practice plan and video)
5. CPR/AED
6. Book Report

Requirements: Wrestling Leader Membership **plus** Copper & Bronze Certifications.

Gold - \$ Varies, designed for coaches to "give back" to others through designated tasks.

Tasks:

1. Coach Apprentice Program (International Trip - @ or below apx \$4,000)
2. Book Report on Ego is the Enemy
3. Teach at a Silver College (we recommend this as your last Gold task)
4. Publish an article for *USA Wrestler Magazine* and TheMat.com
5. Mentorship Task
6. Community Service Task
7. One Misc Task using 4D Learning (this task is changing for 2020 FY)
8. Periodization Task
9. Host a USA Wrestling Tournament or Coaching Clinic (not a Silver College)
10. Volunteer at USA Wrestling Developmental Camp
11. CPR/AED

Requirements: Wrestling Leader Membership **plus** Copper, Bronze, & Silver Certifications



All certifications are valid for life with active membership.



What is the difference between “Membership” and “Certifications?”

Annual coach membership (Wrestling Leader membership) with USA Wrestling requires the following:

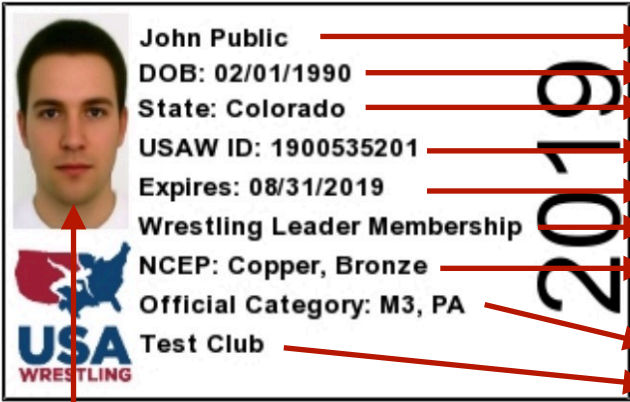
1. SafeSport Certification - 90 minute course, free, accessed from your online profile
2. Successful background check through your online membership profile (no outside background checks can be accepted)
3. Purchase your annual Wrestling Leader membership

Certifications (Copper, Bronze, Silver, or Gold) are attached to your USA Wrestling ID number. When you renew your membership profile, your certifications automatically renew as well.

If you create a new profile in our membership system, your certifications won't automatically follow you. Certifications stay with your USA Wrestling ID number.

Two Types of Membership Cards:

1. Print your membership card from your online profile:




A digital membership card for John Public. The card includes a photo of John Public, his name, date of birth (02/01/1990), state (Colorado), USAW ID (1900535201), expiration date (08/31/2019), membership type (Wrestling Leader Membership), NCEP level (Copper, Bronze), official category (M3, PA), and test club (Test Club). A large '2019' is printed vertically on the right side of the card. Red arrows point from each field to a corresponding label on the right.

Upload your photo through your online profile.

Membership Year

- Your Name
- Your Date of Birth
- Your State
- Your USA Wrestling ID Number
- Your Membership Expiration Date
- Your Type of Membership
- Your National Coaches Education Program Certification Levels (all)**
- Your USWOA Levels (if applicable)
- Your Club Affiliation (if applicable)

2. Hard plastic membership card (\$10) from USA Wrestling



A hard plastic membership card for John Public. The card includes the USA Wrestling logo, John Public's name, city/state (Colorado Springs, CO), date of birth (02/01/1990), USAW ID (1900535201), membership type (Wrestling Leader Membership - C,B), expiration date (08/31/2019), and test club (Test Club). Red arrows point from each field to a corresponding label on the right.

Photos uploads are not yet available on hard plastic cards.

- Your Name
- Your City/State
- Your Date of Birth
- Your USA Wrestling ID Number
- Your Type of Membership and Certifications You Hold w USA Wrestling.**
- Your Membership Expiration Date
- Your Club Affiliation (if applicable)

All certifications are valid for life with active membership.

