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## **USA Wrestling Transgender Guidelines**

USA Wrestling incorporates by reference the results of the Consensus Meetings and statements of the International Olympic Committee's Medical Commission from October 2003, May 2004, January and October 2010, and April 2011; and the IOC Medical and Scientific Commission's Consensus Meeting on Sex Reassignment and Hyperandrogenism (November 2015).

USA Wrestling's Gender Policy is based on the results and guidelines of the IOC actions meetings referenced above.

(Please note this Gender Policy and the guidelines recommended by the IOC are a living document and will be subject to review in light of any scientific or medical developments.)

USA Wrestling deems it necessary to ensure, insofar as possible, that transgender athletes are not excluded from the opportunity to participate in wrestling competitions. As such, USA Wrestling's Gender Policy is based on the results and guidelines of the IOC actions.

### **Eligibility to compete in male and female competitions.**

#### **Gender transition before puberty.**

Individuals transitioning from male to female before puberty shall be regarded as girls and women (female). This also applies to individuals who transition from female to male, who shall be regarded as boys and men (male).

#### **Gender transition after puberty.**

- Those who transition from female to male shall only be eligible to compete in the male category without restriction.
  - The athlete has declared that his gender identity is male.
- Those who transition from male to female are eligible to compete in the female category under the following conditions:
  - The athlete has declared that her gender identity is female. The declaration cannot be changed, for sporting purposes, for a minimum of four years.
  - The athlete must demonstrate that her total testosterone level in serum has been below 10 nmol/L for at least 12 months prior to her first competition.
  - The athlete's total testosterone level in serum must remain below 10 nmol/L throughout the period of desired eligibility to compete in the female category.
  - Compliance with these conditions may be monitored by testing. In the event of non-compliance, the athlete's eligibility for female competition will be suspended for 12 months.

"WHERE OLYMPIC  
JOURNEYS BEGIN"



## **Eligibility of female athletes with hyperandrogenism**

A female recognized in law shall be eligible to compete in female competitions if she has androgen levels below the male range (as shown by the serum concentration of testosterone) or, if within the male range, she has an androgen resistance such that she derives no competitive advantage from said levels.

To avoid discrimination, if not eligible for female competition, the athlete shall be eligible to compete in male competition.

## **Compliance**

In the event that the gender of a competing athlete is questioned, the Executive Committee of USA Wrestling will designate a medical doctor who shall have the authority to take all appropriate measures for the determination of the gender of a competitor.

Should an athlete be considered ineligible to compete in the category he/she desires, he/she would be notified of the reasons why, and informed of the conditions he/she would be required to meet should he/she wish to be eligible. The competitor has the right to appeal the determination of gender pursuant to Article XII of the Bylaws of USA Wrestling.

If an athlete fails or refuses to comply with any aspect of the eligibility determination process, while that is his/her right as an individual, he/she will not be eligible to participate as a competitor.

The investigation of a particular case will be conducted under strict confidentiality.

Interpretation of these guidelines will respect the essence of the male/female classification and also guarantee the fairness and integrity of male/female competitions for all athletes.

Note: Nothing in these guidelines is intended to undermine in any way the requirement to comply with the World Anti-Doping Code and the WADA International Standards.